

PITTSFIELD POST

A FREE WEEKLY PRODUCTION BY COMMUNITY VOLUNTEERS

"February is the border between winter and spring" - Terri Guillemets

FEBRUARY 9, 2022

A Night Out

This isn't a love story, but it's a story from the heart about love.

My parents never went out. Oh, they did the weekly Sunday routine of going to mass at Our Lady of Lourdes Church. That's one thing my mother insisted on that they never be late for church. First mandate of her marriage.

And every Saturday we drove to Manchester to visit her mother, my Babka. Grocery shopping for us and my grandmother; over to Schonland's for bulk boxes of hotdogs and pork sausage; and every now and then to Sealtest to pick up two tubs of ice cream packed in dry ice. Did I mention Freed's Bakery? Never a visit to the city without buying at least one loaf of rye bread and eclairs for AJ.

Yes, AJ and Helen, my parents. As I mentioned they seldom went out – socially. AJ was also married to his work and that too was a bit of a love story. But every now and then they would go to a dance in town – I believe there was a dance floor over Parker's Furniture store, where Factory Hill ended and Main Street began. Even my Aunt Jo, Mom's youngest sister, would venture from Manchester for a night out.

Dad would don his one suit and tie; Mom would be decked out in an elegant silver grey satin cocktail dress, her only "fancy" dress that I can remember from my long-ago childhood.

But, to interrupt this story for just a minute.

Two important holidays AJ would never forget (presumably one not being his wedding anniversary): Valentine's Day and that ever-important box of chocolates. I can still remember the beautiful red-satin-heart-shaped-silk-flower-topped box seemingly chuck full of chocolates that were sure to last for weeks and most certainly meant to share. With AJ's sweet tooth they didn't last long; no chocolates ever went stale in our house.

And Christmas. Every year, just as Al Jenisch was about to lock the doors on Green's Drug Store for the holiday, in ran AJ to pick up that annual gift for his sweetheart, a bottle of Evening in Paris perfume.

Back to my story and the dance. There was Mom looking as regal as a queen and her Prince Charming all suited up. Evening in Paris wafting through the air, as they were about to step out for an evening in Pittsfield. - *Martha Daroska Moley*



Calling all Maple Syrup Recipes

March is maple sugaring time in the Granite State, a cherished harbinger of Spring! Here at *The Pittsfield Post*, we'd like to run a series of recipes in Cook's Corner that feature this sweet liquid gold. If you have favorite recipes with maple syrup as a key ingredient, please send them to us at pittsfieldnews@pnhcc.org Please be sure to provide your name and contact information, in case we have questions. Recipes will be published in March. Thank you! *MP Christakos*

CUPID'S ARROW

Diapered Cupid
with arrows and bow
glides February skies
searching below

To pierce deeply
a love-starved heart
with uncanny vision
and hunter's dart.

So honor Cupid
this Valentines Day
showing acts of love
in a wholehearted way.
J.A.C.

Town Crier Andrea Riel 603-435-6346

pittsfieldtowncrier@hotmail.com

School District Deliberative Session under SB2 will be held on Thursday, February 10 at 6:30pm at the PMHS Media Center. The snow date for the meeting is Saturday, February 12 at 10am.

Tuesday, February 15, 9-11am: First Congregational Church Infant Toddler Diaper Pantry. Please use the parking lot entry off of Chestnut Street. The pantry will be accepting donations of diapers and wipes, including open packages. Please call 435-7471 if you have any questions.

Monday, February 28, 5:30pm Soup's On, First Congregational Church. Join your neighbors for a buffet of delicious soups.

Josiah Carpenter Library's StoryWalk(R), Snowmen All Year, by Caralyn Buehner. Maps can be picked up in the mailbox attached to the community bulletin board on Main Street at Dustin's Park. As you return to the library on Main Street to read the last page of the book, stop in to pick up a free gift!

The **Chamber of Commerce** will not be sponsoring the "in person" Meet the Candidates Night this year. All Candidates should receive a letter from the Chamber when registering at the Town Hall asking them to submit an introductory letter that the Chamber will submit to The Post and also post on the Town and Chamber websites- to help the candidates get their name out and also to help the public to know who is running for elected positions. IF you did not receive a letter, please contact Andi Riel at 435-6346 or pittsfieldtowncrier@hotmail.com. The deadline to submit a letter is Sunday, February 13.

There are some changes happening at **Pittsfield Area Senior Center!!** (located at 55 Barnstead Rd.) Starting in March there are going to be new hours. Hours of Operation: Monday, Wednesday thru Friday 8:00am- 1:00 pm and Tuesday 9am-1pm. Call the center at 435-8482 to learn about the activity schedule. The center continues to have volunteer opportunities available, call 603-435-8482 to learn about becoming a volunteer.

The town of Pittsfield's Winter Parking Ban on town roads is effective Now through April 15th. This ban prohibits parking in or on the town's roads or right of way between the hours of 10pm and 7am. The purpose of this parking ban is to allow the winter or inclement weather maintenance crews unobstructed routes for snow removal and ice control, to maintain

effectiveness of their routes.

New members are needed for the PHS Alumni Association. If anyone is interested in joining the leadership committee of the Alumni Association (only 4 meetings per year), please email us at PHSAlumni@pittsfieldnhschools.org We would love to have you join us.

The Pittsfield Historical Society's 2022 calendars are still available. The theme of the 2022 calendar honors the men and women of Pittsfield who have served in the Armed Forces. It contains 26 wonderful photographs of servicemen, servicewomen, and various memorials located throughout Pittsfield, and provides a brief history of our loyal soldiers who fought for their country. Although there were soldiers from Pittsfield who fought in the Revolutionary War, the earliest image available to the Society is of Asa Bartlett, a captain in the Civil War. The calendar ends with Richard A. Brooks, a corporal in the Vietnam War. In between you'll find history, insight, and perhaps even a relative! Calendars are available for sale at the Town Hall, Josiah Carpenter Library, and at the Historical Society's new museum on Oak Street on most Tuesday mornings (9-noon). You may also call or text Fuzz Freese at 603-848-4488, to arrange a purchase. The cost is \$15, payable by check or cash.

Happy Birthday wishes to Tyler Chase on Thurs. and to Dawna Johonett on Friday I hope you both enjoy your special day.



Classifieds

**Pittsfield Community Center
Function Rooms available for Rent**
Days, Nights, Weekends.
Call 603 435-6729 for information.

Help Wanted

Vintage Hill, LLC is seeking part time help to assist in all aspects of keeping a home (preparing and serving meals, medication supervision, hygiene support, housekeeping and laundry). Looking for compassionate team players with strong organizational skills (particularly in the kitchen), willing to learn and work weekends and/or weekday evenings. Call (435-5133) or stop by (10 Berry Avenue, Pittsfield)



Cook's Corner

Pork Tenderloin Over Sweet & Sour Noodles

I'm sure we're all getting a little weary of the typical winter soups and stews by now. Here's a fun recipe that's easy to put together and will chase the doldrums away. In place of pork tenderloin, this recipe also works well with chicken tenders. If you're looking for more heat, feel free to add a teaspoon of fish sauce or Sriracha, or a ¼ teaspoon of crushed red pepper flakes. These noodles are also great on their own, without meat.

- 12 oz linguine (regular or whole wheat)
- 1 bunch scallions, chopped (about 3 to 4 stalks)
- 1 red or green bell pepper, chopped
- 4 or 5 shitake mushrooms, or button mushrooms, sliced (optional)
- 1 small red onion, cut into thin vertical slices
- 1 (3/4 lb) pork tenderloin (one tenderloin, from a 2 loin package)
- 1 TBSP Sambal Oelek (red chili paste)
- 1 tsp Chinese Five Spice Powder
- 2 TBSP vegetable oil
- ¼ cup bottled stir fry sauce (or a little more to taste)
- 2 TBSP white vinegar

Cook the linguine according to package directions. Drain, but reserve ¼ cup of the cooking water and set aside.

Slice the pork into ½ inch thick medallions. Season the meat with the Five Spice Powder and salt & pepper. In a deep skillet, heat the oil over medium-high heat. Add the pork and cook, 3 to 4 minutes per side, until cooked through. Transfer to a plate and keep warm.

To the same skillet add the bell pepper and red onion and cook for 3 minutes. Now add the scallions, cook another 2 to 3 minutes. Finally, add the mushrooms (if using) and cook the mixture for another 3 minutes. Stir in the stir fry sauce and the vinegar. Cook 1 minute then remove from heat.

To the skillet, add the cooked pasta and reserved pasta water. Toss to combine. Divide the noodles among 4 bowls and top with the cooked pork slices.

This is lovely topped with a little fresh, chopped cilantro and / or a handful of lightly salted peanuts or cashews. Enjoy! *MP Christakos*

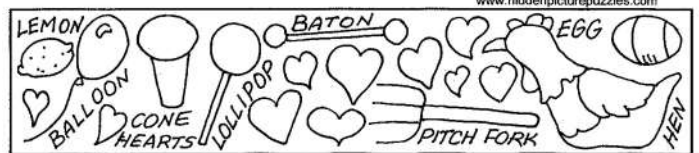
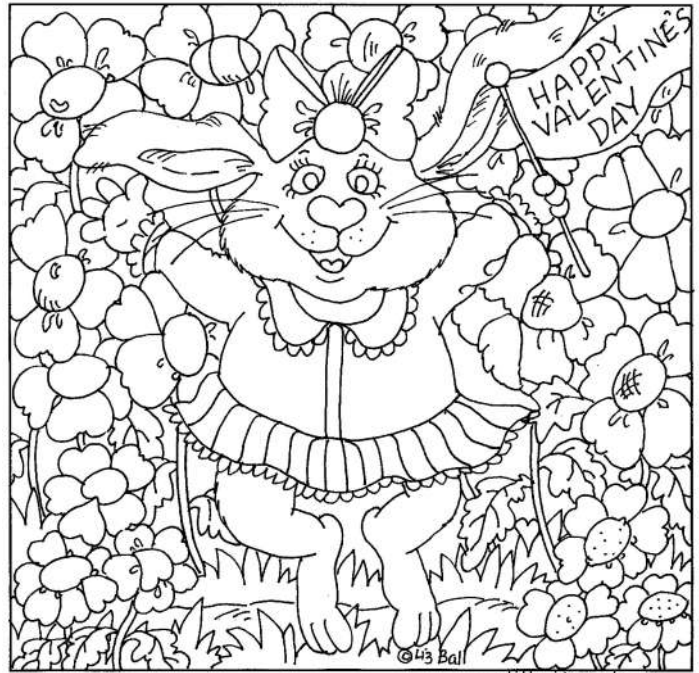
Do you enjoy reading the *Pittsfield Post*?

Please show us your support with a donation, or by sponsoring a week of publication.

We look forward to hearing from you!

www.pittsfieldpost.org

Valentine Rabbit Hidden Pictures



MONDAY START 6:AM/FINI 6:PM

No registration required.

Just show up Mondays at 6AM ready to go!

Location: 303 Clough Road Pittsfield, NH

\$25 - Includes Student Package

FEBRUARY 2022

Daily literacy-building activities to share with your child.



ZOOM, ZOOM, ZOOM

Zoom Zoom Zoom,
We're going to the moon,
(point to the sky)

Zoom Zoom Zoom,
We're leaving very soon,
If you want to take a trip,
Climb aboard my rocket ship,

Zoom Zoom Zoom,
We're going to the moon,
(point to the sky)

Zoom Zoom Zoom,
We're leaving very soon.

10, 9, 8, 7, 6, 5, 4, 3, 2, 1 Lift off!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 WRITING Use a blue crayon to keep a list of all the blue things you see today. <i>Blue sky. Blue book. Blue dot.</i>	2 PLAYING Play the yes-no game! <i>Is the sky purple? Is the cat pink? Is the alien colored?</i>	3 TALKING Ask your child questions that have more than a yes or no answer. <i>What is something new we did today and what can we do tomorrow?</i>	4 SINGING Clap along to a favorite song. Emphasize the slow parts and the fast parts.	5 COUNTING Look at a calendar together. Count the number of days until Valentine's Day. Draw a heart around February 14.
6 READING Pick a book to read together. Stop reading before the end and ask your child, "What do you think will happen?"	7 WRITING Let your child scribble and draw. Encourage them to "sign" their name on the drawing.	8 PLAYING Go on a scavenger hunt. Look for things that are red like stop signs, blankets, shirts, socks, and Valentine's Day decorations.	9 TALKING Sit on the floor and imagine you are going to the moon in a rocket ship. What do you see? <i>There goes a house, there go the clouds, there's the moon!</i>	10 SINGING Say or sing "Zoom Zoom Zoom" together. (Words are on the back. ➡)	11 COUNTING Count your steps today. From the bedroom to the kitchen. From the front door to the corner and then from there all the way back home.	12 READING Pick a letter of the day. Look for it everywhere today: on license plates, at the grocery store, and in books you are reading together.
13 WRITING Sing the "Alphabet Song" slowly and write the letters in the air with your finger as you sing. (Words are on the back. ➡)	14 PLAYING Happy Valentine's Day! Play musical hearts. Place numbered paper hearts on the floor. Call out numbers for your child to run to.	15 TALKING Talk about your family's plans for today. What is your child excited to do or see?	16 SINGING Sing or Say "The More We Get Together." (Words are on the back. ➡)	17 COUNTING Recite the rhyme, "One, Two, Buckle My Shoe." (Words are on the back. ➡)	18 READING Look at the covers of books before reading them. Talk about what the books might be about.	19 WRITING Trace shapes and letters in a shallow tray of flour, salt, or baking soda.
20 PLAYING Make a tent out of blankets and pretend to be camping in the forest. Draw maps and use them to take hikes around your house.	21 TALKING Introduce a new word to describe how you feel. Say "I am delighted" rather than "I am happy."	22 SINGING Sing a favorite song together. Change the words to make it silly or to incorporate your child's name.	23 COUNTING Play store. Set up a little store with items in your house and take turns being the shopper and the checkout clerk.	24 READING Point out signs everywhere today. Explain what they say and how they help.	25 WRITING Make a chart of family preferences. List family member names and their favorite colors, flavors of ice cream, fruit, etc.	26 PLAYING Use masking tape to make lines or shapes on the floor. Walk along the tape like a pretend balance beam.
27 TALKING Talk about concepts like "in" and "off" when you put on and take off hats and jackets.	28 SINGING Make music with things you have in the house—pots, pans, spoons—and sing and dance to the music you make.					

Ready to Read in Pittsfield

To support the development of young children *Ready to Read* promotes family activities in the areas of reading, writing, playing, talking, singing and counting. In 2020 the Josiah Carpenter Library started sharing the Public Library Association's (PLA) *Reading to Read* calendar with families that visit the library, families whose children attend Blueberry Express Daycare, and people who visit both laundromats. During 2022 the PLA has expanded permissions for sharing of the activities, which will allow for their inclusion in the *Post*. Hopefully the suggestions will be just the ticket to add some entertaining enrichment to toddler's day.

Little people are amazing, sometimes confounding, and busy, busy, busy. Visit the library, grab a copy of the *Ready to Read* calendar, pick an activity or two and have some fun with the youngsters in your life!
Leslie Vogt

9 TALKING

Sit on the floor and imagine you are going to the moon in a rocket ship. What do you see?

There goes a house, there go the clouds, there's the moon!

Express your Opinion!

Do you have questions or opinions you would like to share? Are you a candidate for an elected position in Pittsfield? Share your ideas or candidacy in the *Post*.

Submission Guidelines: Identify yourself and provide contact information.

300 words or less; exceptional information may exceed the word limit at the discretion of the *Post* Content Team.

Topics may include events, issues, and opportunities about or affecting Pittsfield.

Please be civil, factual, specific, and clear. No submission is guaranteed publication.

Deadline is noon on Friday via pittsfieldnews@pnhcc.org We look forward to supporting an informed Pittsfield election season. The *Post* Volunteers

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To my constituents in Pittsfield,

This week, my committee continued with public hearings. We heard HB 1159, recognizing November 7 as victims of communism memorial day. This was sponsored by a number of representatives who had migrated into the US from countries that had suffered from communism, so we heard some heart-wrenching stories. However, our resistance to special days was reinforced by the discovery that November 7 is already a federal memorial day to victims of communism, so HB 1159 was redundant. The vote to kill it was 12-5, with the opposition being more sympathetic to the sponsors.

HB 314, which increased the income allowed for a license - exempt homestead food operation to \$35,000 per year, passed unanimously. If nothing else, it made up for inflation since the current limit was set.

I presented two of my bills: HB 1681, updating the state building code, was widely supported by the various businesses involved in building, but I'm preparing an amendment to update the fire code – which was part of the plan, but missed by everyone who read the bill until this week! HB 1191, allowing the owner to do electrical or plumbing or gas fitting work on their two family house, was opposed by all the same people who supported the building code change. The main objection was that many towns do not have well-qualified building inspectors to verify that such work is done safely and to code, and they feared injuring not just the owner and his family, but also the innocent renters of the other unit.

Anyone interested can email me for my weekly newsletter, with all the details! *Representative Carol McGuire*
mcguire4house@gmail.com 782-4918

CANDIDATE LIST

ANNUAL TOWN ELECTION PITTSFIELD NEW HAMPSHIRE MARCH 8, 2022

SELECTMAN 3 year term – vote for not more than two

CARL EDWARD ANDERSON
CAROLE A. RICHARDSON

TOWN MODERATOR 2 year term – vote for not more than one
CAROLE DODGE

SUPERVISOR OF THE CHECKLIST 6 year term – vote for not more than one
AMMY LIN RAMSEY
CLAYTON WOOD
HEIDI KNIGHT

TRUSTEE OF TRUST FUNDS 3 year term – vote for not more than one
CARA M. MARSTON

CEMETERY TRUSTEE 3 year term – vote for not more than one
JOHN "PAT" HEFFERNAN

LIBRARY TRUSTEE 3 year term – vote for not more than one
ANNEMARIE CHAPMAN

PLANNING BOARD 3 year term – vote for not more than one
MATTHEW D. ST. GEORGE

ZONING BOARD OF ADJUSTMENT 3 year term – vote for not more than one
LAWRENCE J. KONOPKA



CANDIDATE LIST ANNUAL SCHOOL DISTRICT ELECTION PITTSFIELD NEW HAMPSHIRE MARCH 8, 2022

SCHOOL BOARD 3 year term –
vote for not more than two
SANDRA J. ADAMS
MOLLY SARAH GOGGIN

SCHOOL BOARD 1 year term –
vote for not more than one
DIANE RIDER
ADAM J. COTE
JODY CUNNINGHAM
SARAH LYNN MARSTON DUVAL

SCHOOL DISTRICT CLERK 3 year
term – vote for not more than
one
ERICA ANNE ANTHONY

Won't you
be our
Valentine?

