

# PITTSFIELD POST

A FREE WEEKLY PRODUCTION BY COMMUNITY VOLUNTEERS

"Let us permit nature to have her way. She understands her business better than we do." *Michel de Montaigne*

April 20, 2022

## THE CARL WALLMAN FUND

To Preserve Open Space,  
Connect People and  
Community with Nature

Carl Wallman was an environmentalist, ecologist, farmer, devoted citizen of Pittsfield and Northwood, and a good neighbor and friend to many.

In his lifetime, Carl worked to promote wildlife habitat, land conservation, outdoor exploration, and community building. His fund continues that work today.



Grants from the Carl Wallman Fund support projects and nonprofit organizations in Pittsfield and Northwood, New Hampshire, that focus on nature, conservation, education, and community. Recent grants have led to the beautification of downtown Pittsfield, the addition of an outdoor playground at the Pittsfield Elementary School, teacher training in outdoor education, and maintaining Graylag Nature Preserve as a place where people can connect with nature and one another.

For more information or to apply for a grant, email [WallmanFund@gmail.com](mailto:WallmanFund@gmail.com)

### Downtown Musings

Walking about, what do you see?

Property owners taking great care, gardens popping everywhere

Some things needing TLC and *deposits* left that shouldn't be...

We all are proud of our little town, let's band together and make

Mother Earth Proud

Anonymous



**Town Crier** Andrea Riel 603-435-6346  
[pittsfieldtowncrier@hotmail.com](mailto:pittsfieldtowncrier@hotmail.com)

**Pittsfield Old Home Day** will be Saturday July 23. The theme for the day is "OCEAN WAVES & BEACH DAYS." Plans are underway and more information will follow! We are hoping Groups, Organizations, and Businesses will consider entering a Float for the parade!

**The Suncook Valley Rotary Club** will meet on Wed, April 20 at 6:30pm at the Historical Society.

**The Suncook Valley Lions Club** will meet on Tues, April 26 at 6pm at the Pittsfield Congregational Church, 24 Main St. We are looking forward to seeing everyone after a long absence.

**The Pittsfield Middle High School Guidance Department** is now accepting applications for 2022 Foss Family Scholarships. All applications must be received by May 4, 2022. Please visit the town website [pittsfieldnh.gov](http://pittsfieldnh.gov) for applications for 2022 graduates and for Pittsfield Middle High School alumni.

PMHS students are planning to hold our ever-popular **Empty Bowls** fundraiser on Thursday, May 19, from 5:00-7:00pm in the PMHS cafeteria. All proceeds are donated to the Pittsfield Food Pantry.

**Pittsfield Center Development Corporation** is looking for volunteers who would be interested in being considered for the Board of Directors and Advisory Board. PCDC is a nonprofit corporation that runs and operates the Pittsfield Community Center. The Board is hoping to find more people interested in helping to keep the Community Center thriving in the future. If you are interested or would like more information, please contact us by phone, mail, or email. 603-435-6729/603-290-4068  
[pittsfieldnews@pnhcc.org](mailto:pittsfieldnews@pnhcc.org)

**Board of Selectmen** will hold a public hearing on Tuesday, April 26 at 6:45pm at the Town Hall to accept public comment on proposed revisions to the Waste Water Facility and Industrial Pretreatment Ordinance. The proposed draft ordinance is at the Town Office or online at [www.pittsfieldnh.gov](http://www.pittsfieldnh.gov)

**Pittsfield High School Class of 1972:** If you were in the Class of 1972, even for a little while, please join our FB Group. Our reunion is July 23, 2022 in Pittsfield. [facebook.com/groups/269683858607402](https://www.facebook.com/groups/269683858607402)

The Suncook Valley Rotary Club is inviting local organizations to participate in the **Balloon Rally**. If your group has an event, activity, project, fundraiser that you want to do at Balloon Rally, please contact Fallon Reed at [suncookvalleyrotary@gmail.com](mailto:suncookvalleyrotary@gmail.com)

**Pittsfield Senior Center** will return to normal hours in May! We have hired a coordinator, Anne. Please come in and see the center and stay for our community meals. Lunch: Monday & Thursday 12pm, Bingo: Monday & Thursday 10-11:30am. 603-435-8482.

**BCEP Recycling Facility** has Seasonal Hours! On Thursdays only – extended hours- open until 6pm (scales close at 5:45pm). Tues-Fri, 7:30-4pm (scales close at 3:45pm) and Sat, 7-2pm (scales close at 1:45pm)

**Save the date** for comments and feedback on the School District's **Vision of the Learner**. Saturday, May 14th, from 10am to noon in the PMHS media center. The Vision of the Learner will be available on the district website and paper copies will be available in both the PES and PMHS offices. We hope to see you there.

**Buy a Fun Pass!** The Josiah Carpenter Library will be placing a Bulk order of "The Fun Pass" (over 90 discounts to your favorite NE Family attractions-including museums). Books are \$35 each. Cash or Check (payable to Town of Pittsfield) accepted. The deadline for orders is May 5. Stop in at the Library to purchase one. The Library also has a fun project coming up and are looking for donations of plastic 2-liter bottles and plastic 32-ounce juice bottles as well. If you have some, please consider bringing to the library next time you go by.

**Pittsfield Players** present "DeathTrap" on Fri, May 6 & 13, Sat, May 7 & 14 at 7:30pm and Sun, May 8 at 2pm at the Scenic Theatre, 6 Depot St. Tickets are \$15 each and may be purchased online at <https://players.ticketleap.com/death-trap/>

**Pittsfield Preschool's Stay & Play** on May 20 at 9:30-11am or 12:30-2pm. Do you have a child who will be 3 years old by July 31, 2022? He or she may be eligible to attend the PES Preschool Program for the 2022-2023 school year. Sign up to have your child play in the classroom while you find out more about the preschool program. We have spots in our 3-year-old class and our 4-year-old class! By appointment only - Appointments are 1 hour and 30 minutes long. Call the school office to schedule an appointment 603-435-8432. **\*\*SPOTS ARE CHOSEN BY A LOTTERY\*\***

**Happy Birthday** wishes to Lee Miller, Matt Engelmann, and Fred Holmes on Monday, to Linda Rafael on Tuesday, and to my "nephew" Sean Foster on Wednesday. I hope you all enjoy your special day!

## Ethel Miller St. Laurent Cochrene

Pittsfield, NH - Ethel Miller St. Laurent Cochrene, 96 passed away peacefully on April 10, 2022 at the Granite VNA Hospice House, Concord after a short period of declining health. She was born March 28, 1926 the daughter of John and Delena Miller. She lived nearly her entire life in Pittsfield. Ethel attended Pittsfield Elementary Schools and began working at a young age in the Cotton Mill and Shoe Factory. She married Arthur (Harpo) St. Laurent and after his death her second husband, Phillip Cochrene. Although Ethel had no children, she was a special aunt, especially to Kathleen Paris, Elaine Miller (deceased), Dena Leonard, Barbara Flanders Leduc, and her namesake Ethel Sebastian(deceased). Ethel was very sociable and referred to herself as a jokester. She enjoyed vegetable and flower gardening, bird watching, playing bingo and golfing. In her younger years she liked to fish and hunt.

She is survived by her brother Leon Miller and wife Corine of Pittsfield, sister-in-law Nyleen Harper, Penacook, many nieces and nephews, her cat BABY, and her good friends at Rolling Green Apartments.

Besides her parents and husbands, she was predeceased by siblings John Miller, Jr., Norman Miller, twin sister Edith Pellilo and Helen Flanders.

A mass of Christian Burial will be held on Wednesday, April 20, 10:00 a.m. at Our Lady of Lourdes Church, 20 River Road, Pittsfield, followed by burial in Floral Park Cemetery.

Donations in memory of Ethel in lieu of flowers may be made to Granite VNA Hospice, 30 Pillsbury St., Concord, NH 03301. The Waters Funeral Home is assisting the family with arrangements.



### String of Words Puzzle #5 by Diana Westgate

Fill in the blanks so that the second word in each line becomes the first word in the next line. Clue: The number of spaces shown corresponds to the number of letters in that word. The last word is the same as the first word.

Out \_ \_ \_ \_ \_

\_ \_ \_ \_ \_ Trailer

Trailer \_ \_ \_ \_ \_

\_ \_ \_ \_ \_ Bench

Bench \_ \_ \_ \_ \_

\_ \_ \_ \_ \_ Time

Time \_ \_ \_ \_ \_

\_ \_ \_ \_ \_ Look

Look \_ \_ \_ \_ \_ Answers on page 6.

*Dear Readers of the Pittsfield Post: The following letter which was published on April 6 had an error. Here is the correction. The Post Volunteers*

### To the Good Citizens of Pittsfield,

My brother Mike told me you lose your school, you lose your town.

From now on the environment comes first, on any important decision where is the environmental impact study to tuition our students out.

Our problems start at the top. The Republicans are trying to dismantle our public schools. They say choice. I say you had choice before.

The Republicans in the State House passed a budget with 3 bad things in it. They do not understand our Constitution. Three strikes, you're out.

My town government runs like a Swiss watch. The State House needs more support. I was just going to build walls to the end. But now I may have to run against Jim Allard, because he is a Republican. *Dan The Stoneman*

## School Board Update

The School Board would like to thank Annelissa Marcotte for her articulate, organized and thoughtful presentation of the Site Council's dress code proposal. The Board was impressed with her professionalism and poise. The Site Council will submit this revised proposal to the Board for further consideration.

Both PES and PMHS are busy places this time of year. The Board is grateful to principals Mike Wiley and Derek Hamilton for their weekly communication to families.

Mr. Lane brought forward and the Board voted unanimously to upgrade business software for the SAU as well as to purchase a dumpster with unassigned funds from the 2021-2022 school year.

The Board held interviews for the vacant Board position Thursday, April 14. We hope to fill that seat within the next few weeks.

As always, we encourage all community members to attend our next School Board meeting on Thursday, April 21st at 5:30 in the PMHS library. *Molly Goggin*, [mollymoultonbrooks@gmail.com](mailto:mollymoultonbrooks@gmail.com) 603-387-1396

### Selectboard Review April 12, 2022

A few changes were made to the Traffic Control Ordinance: a "No Parking" zone on Main St. was moved approximately 20', thus allowing an additional parallel spot at the top of Factory Hill; the speed limit on Locke Rd. was reduced to 20 mph; "No Thru Trucking" signs on Lyford Hill were removed (they had never been authorized in the first place, and required trucks delivering to Danis, Rustic Crust and Amenico to come all the way through downtown and still have to deal with Factory Hill). Lower speed limits may be considered on some of our narrower dirt roads in the future.

A lengthy hearing on the issue of trash, dog waste and cigarette butt litter around town was held to take input from concerned residents and groups with potential solutions. After a number of ideas were proposed, the Board concluded to table the subject until the next meeting so that we could get some costs that would be associated with implementing any of the ideas.

June 4 was set as the date a town-owned parcel of land will be auctioned. James St. Jean will conduct the bidding at the town hall. Interested people should watch the town website for details.

A few property tax abatements were considered with some approved and some denied, based on values arrived at by our assessors. Also, a solar energy system was abated and an All Veterans Tax Credit applied.

Sealed bids without minimum will be accepted until Monday, April 25 for the 1991 backhoe as-is, where-is. Forms are available on line. *Chairman, Carl Anderson*



#### Post-It in the Post

Community groups, businesses, and individuals, please send us your news, opinions, and creative work!  
Deadline is noon on Friday.

Email: [pittsfieldnews@pnhcc.org](mailto:pittsfieldnews@pnhcc.org)  
Guidelines: [www.PittsfieldPost.org](http://www.PittsfieldPost.org)

#### Want to see the pictures in color?

Subscribe to receive the *Post* by Email

Go to: [www.PittsfieldPost.org](http://www.PittsfieldPost.org)

Or scan the QR code



## To my constituents in Pittsfield,

This week, my committee heard more Senate bills. SB 228, updating the regulation of physician assistants, primarily consolidates the collaboration agreement (where the employer specifies the scope of practice for a physician assistant) and the supervisory agreement (with a specific physician) into one document. It also updates the requirements for licensure and adds a new requirement for liability insurance (most health care providers have such malpractice insurance, but it isn't mandatory.) SB 284, on treatment of glaucoma, updates the process of allowing optometrists to treat glaucoma (which they are trained to do) to current practice rather than the 20-year old statute. We discussed these bills and recommended both to pass.

SB 277, extending temporary and emergency licenses for two more years, was not as simple. When we extended these beyond the Covid emergency, it was with the belief that most licensees would apply for a permanent license – but relatively few have done so. We don't know if these people are not actually practicing in New Hampshire, or if they are keeping the emergency license because it's free or because they don't qualify for a permanent one. This will take a while to sort out, so the bill went to subcommittee. SB 284, on acupuncture licensing, also went to subcommittee because it almost duplicates HB 1192, which we passed earlier this year. The subcommittee will concentrate on the few differences.

Anyone interested can email me for my weekly newsletter, with all the details! *Representative Carol McGuire* [mcguire4house@gmail.com](mailto:mcguire4house@gmail.com) 782-4918



### Town of Pittsfield

Office of Selectmen

85 Main Street, Pittsfield NH 03263

[admin@pittsfieldnh.gov](mailto:admin@pittsfieldnh.gov) ~ telephone (603) 435-6773 ~ fax (603) 435-7922

#### PUBLIC NOTICE APRIL 13, 2022

#### Request for Bids

#### OUT OF SERVICE EQUIPMENT

The Town of Pittsfield, New Hampshire invites those interested to submit sealed bids for equipment that is no longer in service.

1. 1991 Case 680L backhoe
2. 2002 Caterpillar 36" backhoe bucket – fits on 420/430 backhoe

**This bid process is being reopened with the adjustment of a NO MINIMUM reserve on Item #1.**

Items #1 & #2 are located at the Pittsfield Public Works Garage – 36 Clark Street

Please call 603 435-6151 or email [ngourley@pittsfieldnh.gov](mailto:ngourley@pittsfieldnh.gov) to set up a time for equipment inspection.

The Town of Pittsfield, nor any of its representatives, makes any representation as to the quality or integrity of the items for sale. The items for sale are being offered and sold "as is."

Bids must be submitted in writing, in a sealed envelope, addressed to the Town of Pittsfield, c/o Town Administrator, 85 Main Street, Pittsfield, NH, 03263 with OUT OF SERVICE EQUIPMENT marked on the envelope.

A bid submission form is available at the town hall or on the town website – [www.pittsfieldnh.gov](http://www.pittsfieldnh.gov)

The sealed bids are due **no later than 2:00 p.m. on Monday, April 25, 2022**. Bids received after the specified time may not be considered.

The bids will be opened by the Board of Selectmen at their first meeting following the due time and date for the bids.

The winning bidder must remove the item awarded to them no later than May 6, 2022.

The town reserves the right to accept or reject any bid which it believes to not be in the best interest of the town.

**Grow, Learn, Read Daily Activity**

Josiah Carpenter Library

**20 PLAYING**

Go on a circle hunt!  
Make a list of all the circle-shaped items you find today.

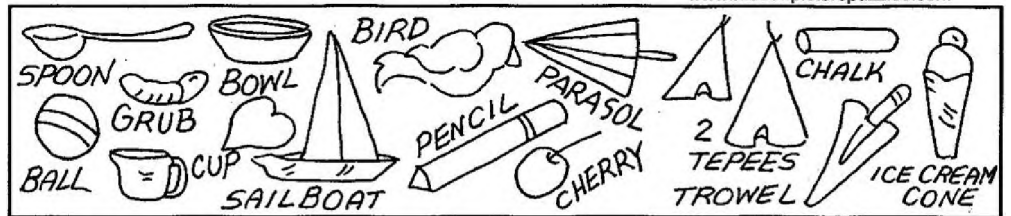


**Solution to String of Words Puzzle #5**

- Out House
- House Trailer
- Trailer Park
- Park Bench
- Bench Mark
- Mark Time
- Time Out
- Out Look
- Look Out



www.hiddenpicturepuzzles.com



**Easter Egg Hunt 2022**



## What's Up @ PYW?

Our Spring Vacation plans just got leaked with some exciting trips and drop-in activities! The activities are the following: Monday: Drop-In 2-6pm with a cookout and kickball Tuesday: hiking Pine Mountain and ice cream Wednesday: Drop-In 2-6pm Movie Day Thursday: Disc Golf with Kingswood Youth Center at The Woods at Beauty Hill Friday: Drop-In 2-6pm and it's Make Your Own Pizza Day! Permission slips are required for our trips on Tuesday and Thursday. You may grab yours in the lobby at PYW, and it must be in no later than Friday, April 22nd. Memberships are still free so if you're not a member, stop by and grab a packet, meet our staff, and get a tour! Questions? Contact Laurie: [Laurie@pittsfieldyouthworkshop.org](mailto:Laurie@pittsfieldyouthworkshop.org) or text 603-234-9788.

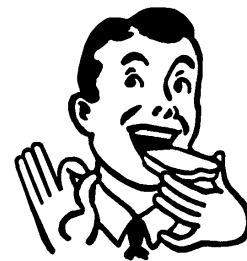


### Share Your Favorite Grilling Recipes

Summer is right around the corner and we all know what that means – cooking on the grill! Dig that grill out, take the cover off, and let's get to it. Do you have a special technique for grilling your favorite meats, chicken or seafood? Any ideas for a secret sauce that takes a grilled dinner from great to divine? Please send us your favorite recipes for grilled foods, marinades, dry rubs, etc.

## Cook's Corner

### Tater Tot Breakfast Casserole



Oh yes, my dear friends – Tater Tots Rule! For some reason Spring always makes me want to host a fun

Brunch. Here's a recipe that could easily be the centerpiece for a Brunch menu, or even a great Dinner option. Serve with biscuits or soft rolls on the side, and maybe a nice salad. Try different types of sausage and cheeses to switch things up, if you're feeling feisty. Enjoy!

1 to 2 lbs hot or mild Italian or breakfast sausage, casings removed

1 yellow onion, chopped

1 red bell pepper, chopped

12 large eggs – or use the equivalent of egg substitute

½ cup whole milk

1 TBSP hot sauce, pick your poison

Salt & pepper

1 (32 oz) bag frozen potato tots (Tater Tots)

12 oz shredded Cheddar cheese, divided

Chopped fresh chives for serving

Heat oven to 350. In a large skillet, cook sausage until done; add onion & bell pepper, cook another 5 to 10 minutes. In a bowl, whisk together eggs, milk, hot sauce, salt & pepper.

Arrange potatoes in an even layer in a 9x13 baking dish (spray with cooking spray first). Top with half of the cheese and then top with the sausage mixture. Pour egg mixture over the whole pan and top with remaining cheese. Bake for 50 to 60 minutes, or until the egg has set. Let rest for 10 minutes after removing from the oven. Top with the chopped chives before serving. *MP Christakos*

## Classifieds

**Pittsfield Community Center**  
**Function Rooms available for Rent**  
Days, Nights, Weekends.  
Call 603 435-6729 for information

### **HELP WANTED Pittsfield Town Beach**

Pittsfield Parks & Recreation Commission is accepting applications for lifeguards, beach attendants, and gate keepers for the 2022 summer season at the Forrest B. Argue Recreational Area. Weekends are a must. Applications may be picked up at Town Hall, 85 Main Street, Pittsfield, NH 03263, or on the town website, [www.pittsfieldnh.gov](http://www.pittsfieldnh.gov) Deadline is Friday, April 29, 2022.

### **HELP WANTED Flower Gardener**

Seeking the Talent and Energy of someone who will create a large flower garden at our house in Pittsfield.

This will involve assessment of the soil, drainage and sunlight available.

Also the ability to work with what is here, changing it as appropriate, to design and create an attractive result.

This request is directed toward individual gardeners as well as established commercial providers.

Please respond to Diana at 435-7700 or [irondragon@myfairpoint.net](mailto:irondragon@myfairpoint.net)

**Advertise in the Post!** Classified rates start at \$3.00 a week. [www.pittsfieldpost.org](http://www.pittsfieldpost.org)



**The 2022 Poetry Contest winners will be announced next week!**

Business Cards • Forms • Business Checks • Brochures  
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Full Color: Cards • Brochures • Flyers • Labels • Postcards  
Customized Promotional Items • Banners • Yard Signs

## **GRANITE IMAGE**

940 Suncook Valley Hwy • PO Box 683  
Epsom, NH 03234 • 603-736-6056  
[print@granite-image.com](mailto:print@granite-image.com) • [www.granite-image.com](http://www.granite-image.com)

## **Please Support the *Pittsfield Post***

Pittsfield Center Development Corporation (PCDC), owner of the Community Center, is the fiscal agent for the *Pittsfield Post*. PCDC is a non-profit organization whose mission is to engage in activities that benefit Pittsfield. Checks should be made out to:

**Pittsfield Center Development Corporation, memo: Newspaper**  
P.O. Box 253, Pittsfield, NH 03263

Donations are tax-deductible. Donations above \$50.00 may be acknowledged as sponsor of the week.

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

I would like to have sponsorship acknowledgement: Yes \_\_\_ No \_\_\_

Text for Sponsorship: \_\_\_\_\_

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