

PITTSFIELD POST

A FREE WEEKLY PRODUCTION BY COMMUNITY VOLUNTEERS

"Spring will come and so will happiness. Hold on. Life will get warmer."

March 8, 2023

- Anita Krizzan



"That Reminds Me of a Story..."

Graylag Nature Preserve

Sunday, March 19
2 to 3pm
320 Clough Road,
Pittsfield

Join us at Graylag Nature Preserve's Midway Cabin for an afternoon of storytelling with Rebecca Rule. Stories speak to us of community. They hold our history and reflect our identity. Rebecca Rule has made it her mission over the last 20 years to collect stories of New Hampshire, especially those that reflect what's special about this rocky old place. She'll tell some of those stories - her favorites are the funny ones - and invite audience members to contribute a few stories of their own.

This event is sponsored by NH Humanities (www.nhhumanities.org) and free of charge.

For more information, call Graylag at 603-435-5555 or email anne@graylagcabins.com

History Scavenger Hunt

The Pittsfield Historical Society presents *History*



Scavenger Hunt for Kids! Kids and their families are invited to join the Pittsfield Historical Society for an interactive, fun experience to learn about the history and unique heritage of Pittsfield, NH.

Join us on Friday, March 10 at 5pm at the Historical Society, 4 Oak Street.

Easter Egg Hunt - Save the Date

April 1, Sat. (Rain Date: April 8)

The Pittsfield Parks and Recreation Commission will be holding their Annual Easter Egg Hunt on April 1, at 11am, by the tennis courts at Drake Field.



Watch the *Post* for additional information .

Volunteer Opportunities with the PITTSFIELD POST

Have you been looking for a way to get involved in our local community?

The *Pittsfield Post* is looking for you! In the three years since we began publishing this weekly newsletter, our operations have grown. Volunteers are involved in a range of activities including content development and creation, bookkeeping, desktop publishing, proofreading, distribution, advertising and

fundraising. The time commitment is a few hours a month and we have an in-person meeting once a month. If you're interested in joining this fun group, please contact us at pittsfieldnews@pnhcc.org We look forward to hearing from you and having you join the team.



Town Crier To have an event included in this column, email or call Andi Riel 603-435-6346 pittsfieldtowncrier@hotmail.com

The Greater Pittsfield Chamber of Commerce is hosting a MEET THE CANDIDATES night on Wed, March 8 (Snow Date: March 9) from 6:30-8pm at the PMHS Lecture Hall. All candidates have been invited to attend. The format will allow each candidate time to introduce themselves and state the reason they are running for office. The balance of the time will be a Question/Answer Session. The elevator at the school will be available. For more information, please contact Louie Houle at 603-848-1553.

After-School Hoops with the Pittsfield Police – come join the Pittsfield Police for an open court where you can shoot hoops with one of our off-duty officers. **Thurs, March 9 from 3-4:30pm** at PMHS gym.

The Old Home Day Committee will meet on **Thurs, March 9 at 6:30pm** at the Community Center. If you'd like to bring a pot luck dish to share, we have dinner before the meeting. For more information, please contact Andi Riel at 603-435-6346 or pittsfieldtowncrier@hotmail.com

The Pittsfield Elementary School PTO is hosting its first **"Breakfast with the Easter Bunny" and Spring Fair on April 1**. The PTO is seeking vendors for this indoor event. 8'x8' spaces are \$35. Breakfast **8am-9:30am**. Vendor Fair **9am-2pm**. Come enjoy breakfast with the Easter Bunny and visit the vendor booths! You will have an opportunity to take a picture with the Easter Bunny throughout the day and the chance to enter for multiple door prizes. Pittsfield Elementary School PTO, 34 Bow St. Pittsfield, NH 03263 Contact: adamgau23@gmail.com

Joy Church will host a FREE Community Breakfast Sat, March 11, from 8:30-9:30am. All are welcome!

The Pittsfield Fire Association and Support Group will host their annual **Spaghetti Supper on Sat, March 11 from 5pm to 7pm** at the Pittsfield Fire House. Donations will be greatly appreciated and will go a long way toward helping the Support Group to purchase critical supplies for our fire department. There will be spaghetti, salad, garlic bread, drinks, and dessert, including cannoli from The Cannoli Stop. There will also be a silent auction and a 50/50 raffle. Pack up the kiddos and join the fun.

The Girls on the Run program at PES will begin this spring! The program is open to girls in grades 3, 4, and 5 (girls do not have to attend PES to participate). Sign-ups and registration will be open until mid-March at <https://www.girlsontherunnh.org> The season will start on **March 21st** and will be held at PES on Tuesdays and Thursdays right after school for 10 weeks (we will not meet during April vacation week). Contact Paulette Wolfe at plwwolfe@gmail.com or 603-491-8386 for more information.

The Pittsfield Historical Society will be open to the public on **Sun, March 12 from 1-4pm**. You are invited to stop by and see all the great Pittsfield historical memorabilia and displays.

The Pittsfield Senior Center is hosting a **St. Patrick's Day Corn beef dinner** with the fixings on **Fri, March 17**. There will be 2 seatings, at **5pm and 6pm**. Please call the Senior Center at 603-435-8482 for tickets.

The Second Session of Annual Town and School District Meeting (Election Day) will be held on **Tue, March 14**, at Pittsfield Middle High School Gymnasium from **7am - 7pm**. ****Please note:** Oneida Street is one way to the Middle High School. Berry Avenue is one way leaving the school. The entrance will be the gymnasium side door to the left of the lobby doors. Traffic through the polling place will be one way, with the exit on the opposite side of the gymnasium. Please call or e-mail the Town Clerk's office with any questions or concerns prior to Election Day. (603)435-6773 ext 1 eanthony@pittsfieldnh.gov

The Barnstead Farmers Market is now accepting vendor applications! Any individual or business interested in becoming a donor, sponsor, or volunteer may contact us through Facebook. A paid market manager position is also available. The market will be held every **Sat from 9AM-1PM**, from June through September. To apply, visit: <https://www.barnsteadfarmersmarket.com> Pittsfield-based farmers and crafters are encouraged to apply!



Road Limits Effective immediately: There will be a 6-ton weight limit on the following roads: Dowboro Road - at Tan Road / Epsom town line; Concord Hill Road - at Rt 28; Main Street - at Commons; Webster Mills Road - at bridge / Chichester town line; Tilton Hill Road - at Catamount Road; Jenness Pond Road - at Catamount Road / Northwood town line; Upper City Road - at Rt 28 and Loudon town line; Governors Road - at Tan Road intersection to non-maintained end; and Ingalls Road - at beginning. There will be special exceptions on colder mornings. Please call the DPW at 435-6151 for updated info or to arrange for deliveries.

The Town of Pittsfield is accepting applications for a minute taker who will transcribe the minutes of various board meetings, including the Board of Selectmen, Planning Board, and Zoning Board of Adjustment. Attendance at the meetings is not required, providing a remote-work opportunity with flexible hours! The successful candidate will have

excellent transcription and writing skills, possess strong attention to detail and organizational skills, and have the ability to produce minutes of meetings effectively for timely submission. Please submit a Town of Pittsfield employment application, which can be downloaded from our website at:

<http://www.pittsfieldnh.gov>, together with a resume to cmarston@pittsfieldnh.gov OR by mail to: Town of Pittsfield, Attn: Town Administrator, 85 Main Street, Pittsfield, NH 03263. The Town of Pittsfield is an Equal Opportunity Employer.

Happy Birthday wishes to Tobi Chassie on Monday, Eugene Ladd and DRG in Heaven on Tuesday, Nick Davis on Wednesday, Kaileigh Davis and Stan Bailey on Thursday, and Rick Davis on Saturday. I hope you all enjoy your special day!

Happy Anniversary Wishes to Norman & Mary-ellen Tuttle on Monday, March 6.



2023 Warrant Article Explanations from the Pittsfield Budget Committee

We understand that the warrant articles tend to be confusing and difficult to understand. We present these explanations, in an objective manner, to assist you in understanding what a 'yes' vote will accomplish and what a 'no' vote will accomplish. We have selected the warrant articles that seem to generate the most questions.

If something is confusing or difficult to understand, please ask for clarification at the Town Hall. Once you are at the voting booth you cannot ask what the articles mean, so make sure you are an informed voter ahead of time.

Note: 'Tax Impact' does not necessarily mean a tax increase. We cannot simply add up the estimated tax impact of these warrant articles and consider it an increase in taxes. The 'tax impact' implies the portion of the tax rate that is represented by the funds proposed in these articles.

It is also important to note that the tax impacts of the school and town operating budgets are written differently. The school's warrant article reflects the change, or increase in the overall tax impact, while the town lists the total tax impact should the proposed budget pass. Neither is necessarily written incorrectly, it is just that it creates confusion each year to see different numbers reflected in the warrant articles.

Town and School Warrant Articles may be found on the following page, along with explanations about each article.

Town Warrant Article 2: Municipal Operating Budget

The noted increases in the proposed operating budget may be contributed to increases in fuel and health insurance costs, as well as contractual increases.

A 'yes' vote will approve the proposed operating budget. A 'no' vote will approve the default budget.

(The default budget is the amount of the same appropriations as contained in the operating budget authorized for the previous year, reduced and increased, as the case may be, by debt services, contracts, and other obligations previously incurred or mandated by law, and reduced by one-time expenditures.)

Town Warrant Article 5: Raising matching funds for a Fire Department Grant 1994 Fire Tanker Replacement

This is one of those cases where the article must be worded in a precise manner dictated by the state, but the real impact is unclear. It is asking you if the Town may spend/withdraw \$50,000 from the Tanker Capital Reserve Fund in order to receive \$400,000 in grant funds. A 'yes' vote will approve the expenditure of the total \$450,000 to purchase a new Fire Engine Tanker. A 'no' vote will refuse the town funds and the reception of the grant.

Town Warrant Article 7: Increase annual deposit into the Ambulance Replacement & Equipment Fund

In order to keep up with the anticipated replacement schedule of the ambulance and related equipment, this warrant article was submitted asking to change the portion of revenues deposited into the existing capital reserve fund to \$70,000 annually. Revenues are generated from annual ambulance billings.

Town Warrant Articles 8 thru 19: Capital Reserve Fund Contributions

These warrant articles set aside funds for equipment used by the Fire Department, Police Department and Highway Department. This equipment needs to be maintained and replaced periodically. The Capital Improvement Plan Committee established in 2019 has proposed a strategic plan of replacement for each of the vehicles represented by these Capital Reserve Funds. The proposed amounts reflect the committee's desire to stabilize the tax impact over the coming years, according to this long-term plan. See the CIP for timelines and numbers. www.pittsfieldnh.gov/sites/g/files/vyhlf3681/f/uploads/cip_2022-2028.pdf

School Warrant Article 2: Operating Budget

The noted increase in the proposed operating budget may be contributed to increased costs in utilities, transportation, health and dental insurance rates, and contractual increases.

A 'yes' vote will approve the proposed operating budget. A 'no' vote will approve the default budget.

(The default budget is the amount of the same appropriations as contained in the operating budget authorized for the previous year, reduced and increased, as the case may be, by debt services, contracts, and other obligations previously incurred or mandated by law, and reduced by one-time expenditures.)

School Warrant Article 4: Recover and Expend Grant Funds

This is one of those cases where the article must be worded in a precise manner as dictated by the state. The article is asking the town to accept and expend grant money.

A 'yes' vote will allow the school to accept and expend the funds; a 'no' vote will not allow the school to accept these funds.

To the Citizens of Pittsfield,

My name is Sarah Marston Duval, and I am running as a write-in candidate for the **ONE YEAR TERM** for School Board. I currently serve on the Board. I had initially decided not to run for re-election, therefore, my name is not on the official ballot. After realizing that I was not running, some citizens urged me to consider running again, but doing so as a write-in candidate. After considering this request, I decided to do it.

If you don't already know me, I was born and raised in Pittsfield, graduating from PHS in 1997. I went on to earn a Bachelor's Degree from the University of New Hampshire in May 2001 and have spent 17 of the last 22 years working at Concord Eye Center, where I am part of the Administrative team. I have one son, John, who is an eighth grader at PMHS. I am very involved in the ophthalmology administrators' community, writing articles for *Administrative Eyecare* magazine, lecturing at national meetings, co-hosting a podcast called the "Ophthalmology Business Academy," and serving as Vice President of the National Board for the Certification of Ophthalmic Executives, which is the governing body for those in the ophthalmic industry who hold the very elite Certified Ophthalmic Executive credential (as I do). I also have held the Certified Ophthalmic Assistant credential (a clinical certification) for many years. I tell you all of this to illustrate that education, in one form or another, as well as constantly striving to better oneself, is very important to me and helped shape me into an effective member of our School Board for the last year. I like to think that I exemplify the best of what Pittsfield schools have to offer. While others were (and still are) putting Pittsfield down, I live every day as a walking example of how our small schools can shape young people into wonderful members of society.

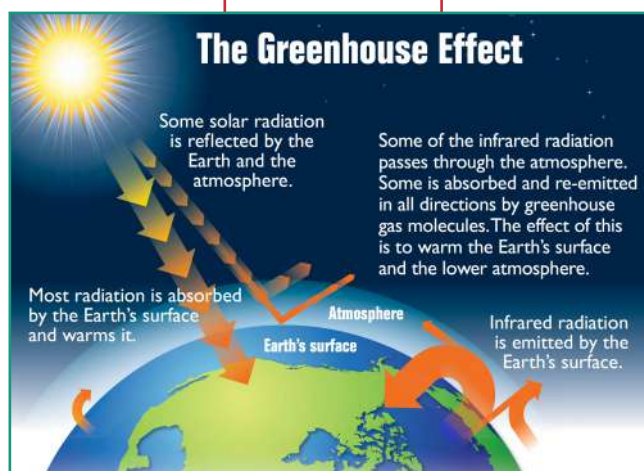
I am proud to say that during my year on the 'Board' I voted to keep PHS open, rather than tuitioning out our high school students. For me, it went beyond just the financial impact tuitioning out would have on our town. While that was certainly important, there were other factors that, when taken into consideration, all added up to my firm belief that keeping our students educated right here in Pittsfield was the better option. I also voted to keep the controversial JBAB policy in place in our district. I took a lot of heat for my stance on this topic (and frankly, continue to), but I am mentioning it because, in the end, it was an opportunity for me to show who I really am: a person who cares about ALL of our students and who will stand up for and fight for equity and equality for all. Our students deserve that in their School Board members, wouldn't you agree? If re-elected, I would like to continue working collaboratively with the other four Board members to focus on behavior management, curriculum and administrative accountability at both schools. This was a focus that we had for much of this past year.

In closing, I am asking that if you are not satisfied with the three candidates on the official ballot, that you write in **SARAH MARSTON DUVAL** for the one-year School Board term. If elected, I will work as hard for the next year as I did this last year.

Sincerely, *Sarah Marston Duval*, Write-in Candidate, Pittsfield School Board One-Year Term



Climate Q



www.epa.gov/climatechange-science/basics-climate-change

Dear Pittsfield Voters,

Please vote for Gerard LeDuc for Selectman. Gerard has served the town for many years as a Moderator and Town Selectman and is very dedicated to his responsibilities and the town. During this time, I have gotten to know Gerard and am impressed with what he has learned and how serious he is about getting it done right. As a town official he takes his responsibilities very seriously! He has always been fair to me, especially when I ran for State Representative. Gerard deserves another three years as a Pittsfield Selectman, so please join me in voting for him on March 14. Sincerely, *Clayton Wood*

Dear Pittsfield Voters,

I support Helen Schiff for the School Board 3-year position. I have had the opportunity to work with Helen on the Housing Board as well as seen her in action on the Budget Committee. Both positions she held for years. Helen has always been prepared and has a knack for fiscal responsibility, which is especially important for this position.

Helen is always fair and will make the quality of our school's education her number one priority. She will do this in cooperation with the parents and taxpayers. Helen welcomes the participation of parents as it is vital to success in resolving students' problems. She will treat all students as special and not advocate for policies that protect some at the expense of others' constitutional liberties. She will promote policies that pertain to all the students in order to make our school a place where we prioritize learning, working together in a positive atmosphere.

Helen has always asked the difficult questions when reviewing the school's budget while serving on the Budget Committee. Serving on the School Board will allow her to be part of the solution. Please join me by voting for Helen Schiff for the 3-year School Board position on March 14. Let's make school great again! Sincerely, *Clayton Wood*

To My Fellow Pittsfield Voters:

As elections for School Board positions approach, I would like to personally endorse Sabrina Lyons Smith for the three-year term position. Unlike other candidates running for the position, Sabrina has children actively in the school system. This status provides Sabrina with detrimental day-to-day intuitive experience as a mother and a candidate who has an invested interest in her children's educational journeys. Being that she has a strong background in Child Psychology and Development, I lean strongly on her educational background to oversee important issues facing our students and the school administration.

Sabrina's ability to justly represent the dynamic challenges our students face places her as our top candidate for the three-year term position. She is immensely in-touch with today's youth, and understands first-hand the concerns families have about our educational system. I place my trust in Sabrina's judgment, leadership and ability to represent and constitute for both parents and pupils. Sabrina's compassion and guidance offer this town's school system an authoritative asset, as well as an individual who can provide tempered initiative.

Having had the pleasure of associating with Sabrina, I have come to respect and admire her strong perseverance and profound circumspection of current issues addressing our students, parents and society. On Tuesday, March 14, please consider Sabrina as the forerunner for this three-year term by casting your vote in her favor. Thank you, *Lorrie Lee O'Neill*



Post-It in the Post

Community groups, businesses, and individuals, please send us your news, opinions, and creative work! Deadline is noon on Friday.

Email: pittsfieldnews@pnhcc.org

Info: www.PittsfieldNHCommunityCenter.org

Cindy's
HAIR AFFAIR



603-435-6711

1 Depot Street

Pittsfield, NH 03263

cell: 603-856-3101

cindyshairaffair2020@gmail.com



Cook's Corner

Pan Boxy – Classic Irish Potato Pancakes

My dear friends, St. Patrick's Day is coming around soon. This is a two-part series of recipes that are near and dear to my family. My people are originally from the west of Ireland, Limerick, Cork and County Mayo. Pan Boxy is a traditional dish from that area of the Emerald Isle. This recipe was handed down to me from my great-grandmother, Katie Collins. I'm told she served these lovely, savory cakes with corned beef, boiled ham, fried eggs, or liver and onions; she also served these topped with Creamed Cod, especially on Fridays. My great Aunt Anna had the thought to add thinly diced scallions to the dough, which amps up the flavor nicely. These pancakes keep well in the fridge for 2 or 3 days, you can reheat them in a dry skillet on top of the stove or on a baking sheet in the oven at 350 degrees. Slainte!

MP Christakos

- 1 cup leftover mashed potatoes
- 1 pound russet potatoes
- 2/3 cup flour
- 1 tsp caraway seeds (optional)
- 1 tsp salt
- 1 tsp black pepper
- 2/3 cup milk
- 6 TBSP butter, divided



Adjust oven rack to middle position and heat oven to 200. Set wire rack in a rimmed baking sheet. Place mashed potatoes in a medium sized bowl.

Peel potatoes, cut lengthwise and cut the strips into 2-inch lengths. Grate on large holes of a box grater. Place the grated potatoes in the middle of a clean dish towel, gather ends together and twist tightly over the sink to drain out as much liquid as possible. Add the shredded potato to the mashed potato.

Add flour and caraway seeds (if using); salt & pepper the mixture, breaking up any lumps of mashed potato, until evenly combined. While stirring, add enough milk so the mixture is moistened but thick and stiff enough to scoop (you may not need all of the milk).

Melt 2 TBSP butter in a large skillet over low heat. Spoon batter into a ¼ cup measuring cup and deposit 4 batter cakes into the skillet. Using the back of a spatula, press the cakes to about 3½-inch rounds. Increase heat to medium. Cover and cook until tops of pancakes are set and the bottoms are deeply browned, about 3 to 5 minutes, adjusting heat as necessary to prevent the butter from burning.

Carefully uncover the pan, flip the pancakes and continue to cook, uncovered, until browned on the second side, 3 to 4 minutes longer. Transfer the pancakes to the prepared baking sheet and place in the oven to keep warm. Wipe out the skillet, add remaining butter and continue cooking remaining batter.

Pancakes may be refrigerated in an airtight container for 2 days and reheated in a dry skillet on stove top or on a rimmed baking sheet in the oven at 350 until hot.

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BINGO SATURDAYS 6PM

To Benefit **IBEW Local 490**
48 Airport Road
Concord

Pittsfield Youth Baseball Association **DOORS OPEN AT 3:30 PM**

www.facebook.com/pybabingo

Care for Kids

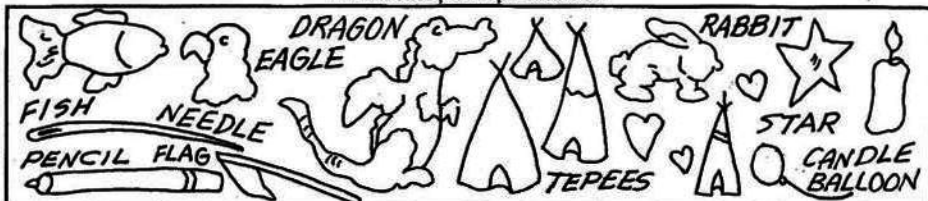
This week, March 12th, is "Detrans Awareness Day." Detrans is short for de-transitioner, which is someone who thought that living life as the opposite sex was a good solution to a persistent confusion, but later learned that it was not. Once they wondered if they had really been born in the wrong body, as Tik Tok and YouTube videos assured them hour after hour they spent on-line. "If you think you might be trans, you probably are," repeat these social media influencers. Detransitioners report over and over that adults, sometimes well-meaning adults, did not tell them the truth from their earliest stages of social transitioning. In fact, many of these adults pressed the heavy weight on them to declare their gender identity and personal pronouns early and often. Those young people who continued on to medical and surgical transitioning now pay a cruel price for the misguidance of these adults. Not all of the effects of puberty blocking and cross sex hormones are reversible. To be kind to kids is to lovingly tell them the truth. No child is born in the wrong body. One place you can listen to the true stories of young people who have taken this journey, only to regret it, is at [Home|#DetransAwarenessDay](#). It is kind to help adolescents in your life to become aware of all the facts, like an overwhelming eighty-five plus percent of trans-leaning youth become comfortable with their birth gender by late teens or early twenties if there are no medical interventions. It is kind to kids to help them embrace the beauty and worth of their own physical bodies.

For the kids, help not harm, *Diane Rider*

Find the Hidden Pictures



www.hiddenpicturepuzzles.com



Hello Pittsfield Community

My name is Molly Goggin and, as many of you know, I currently serve on the Pittsfield School Board. With the upcoming election to fill vacancies on the Board, I would encourage you to vote for Sabrina Smith for the three-year term. I have known Sabrina for a few years as a friendly and supportive mom through town sports and having children in the schools together, but I've been most impressed, as of late, with Sabrina's involvement and advocacy for students and our schools. She and her husband frequently attend meetings, listen closely and ask thoughtful questions. Sabrina is passionate about helping kids, but she is also level-headed and willing to collaborate to find solutions to move our schools forward. I am confident that Sabrina Smith will make a great addition to the board.

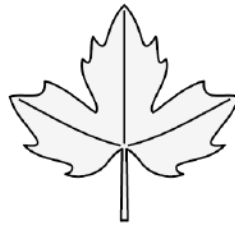
Thank you for your consideration.
Molly Goggin

Fellow Pittsfield Citizens:

I am writing in support of Sabrina Smith, candidate for the three-year School Board term. Sabrina is a woman of passion, especially when it comes to children. She is intelligent, warm, and caring. As both a homeowner and a mom of two current students in our district, she most certainly has "skin in the game" and will make decisions based on being able to see both sides of every situation and how they might (or might not) be beneficial to our town and schools.

Unfortunately, the reality is that there are often people who seek public office because they have an ax to grind and/or a hidden agenda. I say with confidence that Sabrina has neither. She is a mom who cares about her children's education, cares about our community, and is stepping up to help continue guiding Pittsfield schools toward a brighter future.

On Tuesday, March 14, please vote SABRINA SMITH for School Board. Sincerely, *Sarah Marston Duval*



To Readers of the *Pittsfield Post*:

Helen Schiff is a candidate for the Pittsfield School Board. This is good news.

As a long-time member of the Budget Committee, as well as the Economic Development Committee and The Housing Standards Authority, she has given a lot to the town. We are lucky that she is willing to continue doing it.

School Board members have a challenging task. They have to provide the education our students need, make sure that the teachers and staff are properly paid for their efforts, comply with a mess of regulations, and still keep the budget affordable for the taxpayers. Not easy to do.

Helen Schiff is competent, dedicated, experienced and caring. She should be on the School Board. Please vote for her. *Bill Miskoe*

Room for Discussion?

By Bill Miskoe

If you find:

Lawyers in a Bar room

Swimmers in a Pool room

Carpenters in a Board room

Artists in a Drawing room

Poker players in an Ante room

Who would you find in a Mushroom?

What do you think?

There is an answer on page 10.

MAPLE MONTH OPEN SUGARHOUSE



**Matras
Maple**
PURE MAPLE SYRUP
Pittsfield, NH

March 11th | 10 – 3*
March 18th | 10 – 4
(NH Maple Weekend)
March 19th | 12:30 – 5
March 25th | 10 – 3*

*boiling these dates only if we have sap - check our social media pages for latest updates!

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Discussion Answer Dog sled drivers in a
Mush-room.

(Because they are fun guys.)

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www.pittsfieldnhcommunitycenter.org

JOURNEY'S END MAPLE

CELEBRATE MAPLE WEEKEND



SATURDAY,
MARCH 18TH
10 AM TO 4 PM

SUNDAY,
MARCH 19TH
10 AM TO 3 PM

**Live Demonstrations! Kids Activities -
Learn to tap a tree, hang a bucket
or attach tubing!**

**Grab a Maple Latte, Maple Shake, Maple
Sundae, Cotton Candy and a Sap Dog!**

*Vendor Pop Up Event both days! Local farms
and vendors on site with regular and gluten
free baked goods, candies, homemade artisan
breads, jams & jellies, home decor, wooden bird
houses & sap houses, candles and more!*

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share with your
child.

8 PLAYING

Pretend you and your child
are diving in the ocean.
What might you see?
Describe the beautiful
marine life you see.

